# Associate in Arts (AA-T) Degree

## Program of Study Leading to: Associate in Arts (AA-T) Degree

### Required Courses:

<table>
<thead>
<tr>
<th>C-ID Descriptor</th>
<th>CSU GE Area</th>
<th>IGETC Area</th>
<th>Units</th>
<th>In Progress</th>
<th>Completed Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINPP 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ANAT 1</td>
<td></td>
<td>B2, B3</td>
<td>5B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>† PHYSI 1</td>
<td></td>
<td>B2, B3</td>
<td>5B</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Subtotal 12

### In Addition, complete ONE (1) course from at least THREE (3) different areas of the following list:

**AQUATICS**
- KING 76 Swimming

**COMBATIVES**
- KING 66 Self-Defense

**FITNESS**
- KINPF 4 Deep Water Aerobics
- KINPF 6 Dance Aerobics
- KINPF 42 Swimming Fitness
- KINPF 54 Weight Training

**INDIVIDUAL SPORTS**
- KING 10 Badminton
- KING 20 Bowling
- KING 32 Golf
- KING 84 Tennis

**TEAM SPORTS**
- KING 14 Basketball
- KING 70 Soccer
- KING 74 Softball
- KING 86 Touch Football
- KING 90 Volleyball

Subtotal 3

### In Addition, complete TWO (2) courses from the list below:

- † STAT 10R Elementary Statistics OR
- † STAT 1H Honors Elementary Statistics
- † CHEM 1A OR General Chemistry OR
- † CHEM 3 Intro to Gen, Organic & Biochemistry
- † PHYS 2A General Physics
- KINPP 23 First Aid and Safety Education

Subtotal 6-10.5

**Total Units 21-25.5**

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**In Addition** to the above major courses, students are also required to obtain general education certification and meet other degree requirements as specified on the next page.
General Education Certification Requirements
Completion of EITHER the California State University General Education-Breadth pattern (CSU GE Breadth) OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern IS REQUIRED. For general education patterns, visit the following web site: http://osca.lbcc.edu/genedplan.cfm, or the LBCC catalog. After completion of the General Education Pattern students must request GE certification. Consult with a counselor for more information about the GE Certification process.

Other Degree Requirements
1. **Minimum Unit Requirements:** Complete a minimum of 60 transferable units. Please note that additional units may be required to meet this minimum based upon courses selected to fulfill CSU-GE Breadth Pattern or the IGETC Pattern.

<table>
<thead>
<tr>
<th>If following CSU-GE Breadth Pattern</th>
<th>If following IGETC Pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kinesiology</td>
<td>Kinesiology</td>
</tr>
<tr>
<td>Units</td>
<td>Units</td>
</tr>
<tr>
<td>CSU-GE Breadth</td>
<td>IGETC Pattern</td>
</tr>
<tr>
<td>Minimum Required</td>
<td>Minimum Required</td>
</tr>
<tr>
<td>21-25.5**</td>
<td>21-25.5**</td>
</tr>
<tr>
<td>39</td>
<td>37</td>
</tr>
<tr>
<td>60</td>
<td>60</td>
</tr>
</tbody>
</table>

   **Double-Counting of Units:** SB 1440 Regulations allow for double-counting of major requirements towards CSU-GE Breadth or IGETC patterns, and 9-14.5 units of the Kinesiology for Transfer coursework can be applied to the CSU-GE Breadth or IGETC patterns.

2. **Minimum grade and GPA requirements:** Maintain an overall grade point average (GPA) of 2.0 (“C” average) in all CSU-transferable coursework. For the major complete each course with a grade of “C” or better, or “P” if course is graded on a P/NP basis.

3. **Residence for the Degree:** Complete at least 12 CSU-transferable units (courses numbered 1-99) in residence at LBCC.

4. **Degree Application:** Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at http://admissions.lbcc.edu/. Refer to the Schedule of Classes (http://schedule.lbcc.edu) and click the “Important Dates” link to view the actual deadline for each semester.

Career Opportunities
Applications of Kinesiology in human health include physical education teacher, the rehabilitation professions such as physical and occupational therapy as well as applications in sport and exercise industries. A bachelor’s degree in Kinesiology can provide strong preparations for graduate study in biological research as well as in professional programs such as allied health and medicine

Program Mission and Outcomes
In support of the college mission statement, the Kinesiology Department’s Associate in Arts for Transfer (AA-T) curriculum offers lower division courses that prepare scholarly and highly skilled practitioners with current knowledge and resources to meet present and future program needs. The Kinesiology Department prepares scholars-practitioners committed to theory and practice in diverse settings with populations from a variety of social and cultural contexts.

Program Outcomes:
1. Examine and evaluate physical activities and their relationship to wellness and fitness.
2. Demonstrate Proficiency in skills needed in activities commonly included in a human movement program.
3. Recognize various career opportunities in the field of human movement.

Legend
† This course has a prerequisite; prerequisite courses must be completed with at least a “C” or “P” grade. Refer to the General Catalog (http://www.lbcc.edu/cat/index.html), the Schedule of Classes (http://schedule.lbcc.edu), or the online Credit Course Outline (http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/) for specific prerequisite information.