PHYSICAL EDUCATION/KINESIOLOGY

CAREER INFORMATION

Kinesiology is the study of human motor performance and those physical activities yielding exercise benefits and/or satisfying a person’s competitive nature. Physical Education is one professional application of the study of Kinesiology. It is instruction that provides the individual with the skills, techniques and knowledge necessary for successful and enjoyable participation in sport and exercise. Some professional applications include athletic training, activities director, coach, community college teacher, community fitness agency director, exercise/nutrition counselor, wellness specialist, and physical education teacher.

GENERAL INFORMATION

Not all universities with this major are listed below. The lower division core preparation is listed for universities with which LBCC has established articulation agreements. The first course listed is the LBCC course; the course in parentheses immediately after is the university equivalent. It is generally recommended to take as many lower-division major courses as possible prior to transfer. Please check www.assist.org for the most current articulation information and information regarding minimum grade for each course, impacted major recommendations, application procedures, etc. Moreover, you must see a counselor to develop an accurate educational plan to ensure your competitiveness for admissions for your school(s) of choice. To thoroughly understand admissions and general education requirements please check the catalog of the transfer university. CSU/UC admissions and general education requirements are outlined on a separate curriculum guide.

*** Schools are listed in alphabetical order ***

CAL POLY POMONA

- B.S. – Kinesiology
  Options: Kinesiology and Health Promotion; Kinesiology Pedagogy; Kinesiology Sports Medicine
  
  Option Requirements:
  Kinesiology and Health Promotion – No Cal Poly Pomona equivalents at LBCC
  Kinesiology Pedagogy – Pepp 23 (Kin 205 & 205A); Anat 1 or 1H (Zoo 234 & 234L); Physi 1 (Zoo 235 & 235L)
  Kinesiology Sports Medicine - Pepp 23 (Kin 205 & 205A); Pepp 10 (Kin 240 & 240A); Anat 1 or 1H (Zoo 234 & 234L); Physi 1 (Zoo 235 & 235L)

CAL POLY SAN LUIS OBISPO

- B.S. – Kinesiology
  Anat 1 or 1H + Physi 1 (Zoo 240 & 241); Bio 1A (Bio 151); Chem 1A (Chem 110 or 111 or 127);
  F & N 20 (FSN 210); Hled 2 or 3 (Kine 250); Math 45 (Math 118); Pepp 10 (Kine 252), 15 or 17 (275),
  23 (280); Stat 1 or 1H (Stat 217 or 218)
  (No LBCC equivalents to the following Cal Poly SLO courses: Bio 111, 115; Kine 206, 255)

SEE REVERSE SIDE FOR ADDITIONAL REQUIREMENTS

2002-2003 Published 12/02 by LBCC School/College Relations No. 63
**CSU CHICO**

- **B.A. – Physical Education**
  
  **Options:** Exercise Physiology; Movement Studies; Teacher Education

  **Option Requirements:**
  
  - **Exercise Physiology** - Anat 1 (Biol 3); Physi 1 (Biol 4); Chem 3A & 3B (Chem 27 & 28); Phys 2A + 2B (Phys 2A & 2B); Stat 1 (Math 5)
  - **Movement Studies** - Anat 1 (Biol 3); Physi 1 (Biol 4)
  - **Teacher Education** - Anat 1 (Biol 3); Physi 1 (Biol 4)

**CSU DOMINGUEZ HILLS**

- **B.A. – Physical Education**
  
  **Options:** Athletic Training Pre-Professional; Dance; Fitness Director; Teaching

  **Option Requirements:**
  
  - **Athletic Training Pre-Professional** - Anat 41 (Bio 250 & 251); Bio 1A; (Bio 120); Chem 1A (Che 110); PEPP 1 (PED 223), 23 (218); Phys 2A (Phy 120)
  - **Dance** - Anat 41 (Bio 250 & 251); Dance 20AB (DAN 200)(2 semesters); PEPP 1 (PED 223), 23 (218)
  - **Fitness Director** - Anat 41 (Bio 250 & 251); PEPF 54AD (PED 170), 81AD (3 semesters) (235); PEPP 1 (PED 223), 23 (218); PEPF 22AD (PED 142);
  - **Teaching** - Anat 41 (Bio 250 & 251); PEPP 1 (PED 223), 23 (218); PEG 10AD or PEG 9AD (PED 114) (one unit required); PEG 32AD (PED 130); PEG 76AD or PEPF 42AD (PED 156); PEG 84AD (PED 162); PEPF 81AD (PED 235) (three units required); PEPF 22AD or 54AD (PED 142 or 170);
  - **Recommended:** COMDI 1A or COMDI 1B

**CSU FRESNO**

- **B.S. – Kinesiology**
  
  **Options:** Sports Medicine; Exercise Science; Physical Education

  **Option Requirements:**
  
  - **Sports Medicine** - Anat 1 or 1H (Phyan 64); Physi 1 (Phyan 65)
  - **Exercise Science** - Anat 1 or 1H (Phyan 64); Bio 1A (Biosc 1A); Chem 1A (Chem 1A) or 3A & 3B (3A & 3B); Phys 2A (Phys 2A); Physi 1 (Phyan 65); 12 units from: Bio 1B (Biosc 1B), Bio 2 (Micro 20); Chem 1B (Chem 1B); Phys 2B (Phys 2B)
  - **Physical Education** - Anat 41 (Phyan 33)

SEE NEXT PAGE FOR ADDITIONAL REQUIREMENTS

2002-2003 Published 12/02 by LBCC School/College Relations No. 63
CSU FULLERTON

- B.S. – Kinesiology
  Core Requirements:  Anat 41 (Knes 210); 6 units of performance classes representing the following performance areas: fitness, martial arts/combatives, aquatics, individual sports, racquet sports, and team sports (consult CSU Fullerton catalog for specific courses)

Tracks:  Clinical Exercise Science; Fitness and Health Promotion; Gerokinesiology; Athletic Training; Teacher Education; Subject Matter Preparation Program

Track Requirements:  All upper division courses to be taken at CSUF

CSU HAYWARD

- B.S. – Kinesiology
  Core Requirements:  One activity course in each of five (5) categories: Swimming; Combatives; Team Sports; Individual or Dual Sports; Fitness Activities. Therefore, the student must complete a minimum of five different activities. At least one intermediate and one advanced-level activity course must be included

Options:  Athletic Training; Exercise Nutrition and Wellness; Pre-Physical Therapy; Physical Education Teaching; Special Studies

Option Requirements:
  Athletic Training:  No lower division equivalents at LBCC
  Exercise Nutrition and Wellness:  No lower division equivalents at LBCC
  Pre-Physical Therapy:  Chem 1A & 1B (Chem 1101 & 1102 & 1103); Phys 2A & 2B (Phys 2701 & 2702 & 2703); Psych 1 (Psyc 1000); one course from: Stat 1 (Stat 1000) or lower division courses at CSUH
  Physical Education Teaching:  No lower division equivalents at LBCC
  Special Studies:  No lower division equivalents at LBCC

CSU LONG BEACH

- B.A. – Kinesiology
  Options:  Pre-Athletic Training; Athletic Training; Adapted Physical Education; Elementary School Physical Education; Secondary School Physical Education

Option Requirements:
  Pre-Athletic Training - The option in Athletic Training is an impacted program. Please refer to the supplementary admission criteria listed in the CSULB catalog.
CSU Long Beach (continued)

Athletic Training - Physio 1 (Biol 207); Anat 1 or 1H (Biol 208); Psych 1 or 1H (Psy 100)
Eight physical activity units distributed over a minimum of all four activity categories:
   - Aquatics: PEPE 41 AD or 42AD or PEG 75AD or 76AD (KPE 125A)
   - Combative: PEG 65AD or 66AD (KPE 149A)
   - Dance: (No equivalents)
   - Individual Sports/Dual Sports: PEG 5AD or 6AD (KPE 100A); 59AD or 60AD (KPE 112A); 87AD or 88AD (KPE 171A); PEPP 51 (KPE 264); PEPP 53 (KPE 267)
   - Wilderness Studies: PEOS 5AD (KPE 242)
   - Team Sports: PEPP 27 or 55 (KPE 250); 35 or 61 (KPE 253); 63 (KPE 255); 37 or 64 (KPE 257)
(No LBCC equivalents to the following CSULB courses: KPE 106A, 125B, 215, 237, 238, 244, 246A, 263, 265, 266)

Adapted Physical Education - Physio 1 (Biol 207); Anat 1 (Biol 208); Psych 1 or 1H (Psy 100); PEG 65AD or 66AD (KPE 149A), 87AD or 88AD (KPE 171A); PEPP 27 or 55 (KPE 250); 35 or 61 (KPE 253); 63 (KPE 255); 37 or 67 (KPE 257); 51 (KPE 264); 53 (KPE 267)
(No LBCC equivalents to the following CSULB courses: KPE 237, 238, 261, 265, 266, 270)

Elementary School Physical Education - Physio 1 (Biol 207); Anat 1 (Biol 208); Psych 1 or 1H (Psy 100); PEG 65AD or 66AD (KPE 149A), 87AD or 88AD (KPE 171A); PEPP 27 or 55 (KPE 250); 35 or 61 (KPE 253); 63 (KPE 255); 37 or 67 (KPE 257); 51 (KPE 264); 53 (KPE 267)
(No LBCC equivalents to the following CSULB courses: KPE 237, 238, 261, 265, 266, 270)

Secondary School Physical Education - Physio 1 (Biol 207); Anat 1 (Biol 208); Psych 1 or 1H (Psy 100); PEG 65AD or 66AD (KPE 149A), 87AD or 88AD (KPE 171A); PEPP 27 or 55 (KPE 250); 35 or 61 (KPE 253); 63 (KPE 255); 37 or 67 (KPE 257); 51 (KPE 264); 53 (KPE 267)
(No LBCC equivalents to the following CSULB courses: KPE 237, 238, 261, 265, 266, 270)

• **B.S. – Kinesiology**
  - **Options**: Pre-Exercise Science; Exercise Science; Pre-Kinesiotherapy; Kinesiotherapy; Sport Psychology and Coaching

  **Option requirements:**
  - Pre-Exercise Science - The option in Exercise Science an impacted program. Please refer to the supplementary admission criteria listed in the CSULB catalog.

  **Exercise Science** - Physio 1 (Biol 207); Anat 1 (Biol 208); Chem 1A (Chem 111A), 1B (111B); Engl 1 or 1H (Engl 100); Math 45 (Math 112); Phys 2A (Phys 100A), 2B (100B); Psych 1 or 1H (Psy 100); 18 units from: Bio 1A (Biol 211A), 1B (211B); F & N 20 (FCS 132); HTECH 60; (HSC 150) or other upper-division CSULB courses
  (No LBCC equivalents to the following CSULB courses: Biol 200; KPE 263)

  Pre-Kinesiotherapy - The option in Kinesiotherapy is an impacted program. Please refer to the supplementary admission criteria listed in the CSULB catalog.
CSU Long Beach (continued)

Kinesiotherapy - PEPP 23 (KPE 210); Psych 1 or 1H (Psy 100), 2 (200)
Eight physical activity units distributed over a minimum of four activity categories:
  - Aquatics: PEPF 41AD or 42AD or 75AD or 76AD (KPE 125A)
  - Combative: PEG 65AD or 66AD (KPE 149A)
  - Individual/Dual Sports: PEG 5AD or 6AD (KPE 100A) or 59AD or 60AD (112A) or 87AD or 88AD (171A) or PEPP 51 (KPE 264) or 53 (267)
  - Wilderness Studies: PEOS 5AD (KPE 242)
Team Sports: PEPP 27 or 55 (KPE 250) or 35 or 61 (253) or 63 (255) or 57 or 61 (253)

Sport Psychology and Coaching - F & N 20 (FCS 132); Psych 1 or 1H (Psy 100), 2 (200)
Eight physical activity units distributed over a minimum of four activity categories:
  - Aquatics: PEPF 41AD or 42AD or 75AD or 76AD (KPE 125A)
  - Combative: PEG 65AD or 66AD (KPE 149A)
  - Individual/Dual Sports: PEG 5AD or 6AD (KPE 100A) or 59AD or 60AD (112A) or 87AD or 88AD (171A) or PEPP 51 (KPE 264) or 53 (267)
  - Wilderness Studies: PEOS 5AD (KPE 242)
Team Sports: PEPP 27 or 55 (KPE 250) or 35 or 61 (253) or 63 (255) or 57 or 61 (253)

CSU LOS ANGELES

- B.S. – Kinesiology
  Core Requirements:
  Engl 3 or 3H (Engl 102); Bio 60 & 60L & 61 & 62 or Anat 1 & Physi 1 (Biol 200A & 200B); Pepp 23 (HS 201); Math 45 (Math 102); Stat 1 (Math 274); Phys 10 (Phys 156); Psych 1 (Psy 150); Socio 1 (Soc 201)
  (No LBCC equivalents to the following CSULA courses: Kine 250, 260)

  Options: Exercise Science; Community Leadership; Subject Matter Preparation for Single Subject Teaching Credential (Adapted Physical Education and Dance Concentrations)

  Option Requirements: No CSULA equivalents at LBCC
  (No LBCC equivalents to the following CSULA courses: Danc 140A, 272; YAA 290)

CSU SAN BERNARDINO

- B.S. – Kinesiology
  Anat 1 or 1 H & Physi 1 (Biol 223 & 224); Pepp 1 (Kine 210A), 6AD (210B), 10 (280), 13 (261C), 41 (261H)
  One course from: Pepp 53 (Kine 261J) or lower-division course at CSUSB
  Two courses from: Pepp 51 (Kine 261E) or 29 or 65 (261K), or lower-division course at CSUSB
  Four courses from: Pepp 19AD or 31 (Kine 263B), 25 or 63 (263D), 27 or 55 (263A), 35 or 61 (263C), 37 or 67 (263E)
  (No LBCC equivalents to the following CSUSB courses: Kine 254, 261A, 261B, 261D, 261F, 261G)
SAN DIEGO STATE UNIVERSITY

- B.S. – Kinesiology with emphasis in Athletic Training; Fitness, Nutrition & Health; Physical Education; Pre-Physical Therapy (Rehabilitative Science; Kinesiotherapy)

**Athletic Training Emphasis**
Bio 1A & 1B (Biol 201 & 202); Chem 1A (Chem 200), 12A (130); PEPF 53AD or 54AD (ENS 104A); Phys 2A & 2B (Phys 107); Psych 1 or 1H (Psy 101)
One course from: Stat 1 (Econ 201 or Stat 119) or lower division courses at SDSU
(No LBCC equivalents to the following SDSU courses: Biol 212, 215; ENS 104B, 210, 265, 265L, 289; Nutr 204; Psy 270; Soc 201)

**Fitness, Nutrition, and Health Emphasis**
Bio 41 & 41L or 41H & 41L (Biol 100 & 100L); Chem 2 or 3A (Chem 100); PEPF 53AD or 54AD (Ens 104A); Psych 1 or 1H (Psy 101); Socio 1 (Soc 101)
Three units from: Stat 1 (Econ 201 or Stat 119) or lower division courses at SDSU
(No LBCC equivalents to the following SDSU courses: Biol 212, 215; ENS 104B, 210, 265, 265L; Nutr 202; Psy 270; Soc 201)

**Physical Education Emphasis**
Psych 1 or 1H (Psy 101); Socio 1 (Soc 101)
One course from: Stat 1 (Econ 201 or Stat 119) or lower division courses at SDSU
(No LBCC equivalents to the following SDSU courses: Biol 212, 215; ENS 210, 265, 265L; Psy 270; Soc 201)

**Pre-Physical Therapy Emphasis**
Bio 1A & 1B (Biol 201 & 202); Chem 1A (Chem 200); Phys 2A (Phys 180A & 182A); Pepf 53AD or 54AD (Ens 104A); Psych 1 or 1H (Psy 101); Socio 1 (Soc 101)
One course from: Stat 1 (Econ 201 or Stat 119) or lower division courses at SDSU
(No LBCC equivalents to the following SDSU courses: Biol 212, 215; ENS 104B, 210, 265, 265L; Psy 270; Soc 201)
For Rehabilitative Science add: Bio 2 (Biol 210); Chem 1B (Chem 201); Phys 2B (Phys 180B & 182B)
For Kinesiotherapy add: Psych 2 (Psy 260)
(No LBCC equivalent to the following SDSU course: Ens 211)

SAN JOSE STATE UNIVERSITY

- B.S. – Kinesiology with emphases in Adult Physical Activity, Athletic Training, Individualized Studies, Movement Science, Societal Studies
Chem 3A (Chem 30A); Math 36 (Math 10); Physi 1 (Biol 66)
(No LBCC equivalents to the following SJSU courses: Biol 65; Hup 70)